

COMMUNITY SAFETY EVENT

FREE

Self Defense & Awareness Demonstration



*San Diegans have been deeply shaken by recent tragic events. In response, The Salvation Army Kroc Center has joined forces with **PlayItSafe** Defense to empower women and teens, ages 13 and older, with a free preventative awareness training and demonstration of practical self defense techniques.*

Wednesday, March 31, 2010
7 to 8:30 p.m.

The Salvation Army Kroc Center Gymnasium



For more information on the event please go to
www.PlayItSafeDefense.com or www.kroccenter.org



Recommended for ages
13 years and older.