

Free Parenting Workshops



- Increase your **confidence** as a parent
- Encourage resilience, independence, respect, and cooperation in your children
- Learn how to use simple and powerful strategies to **strengthen your family**



Three 90-minute workshops!

- Certificate given upon completing all 3 sessions
- Earn up to \$20 in gift cards!

Dates & Times

Dates: _____

Time: _____

Location: _____

Contact: _____

For more information, visit us on the web at www.jfssd.org/positiveparenting